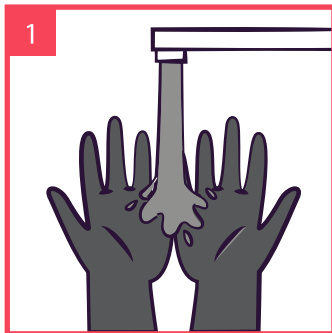
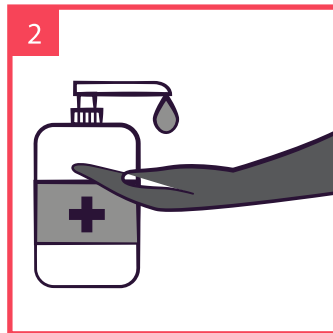


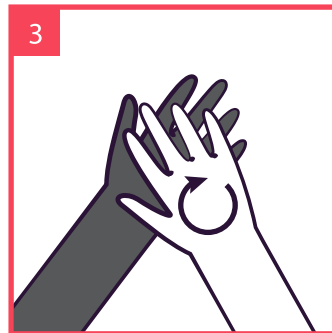
# HOW TO WASH YOUR HANDS



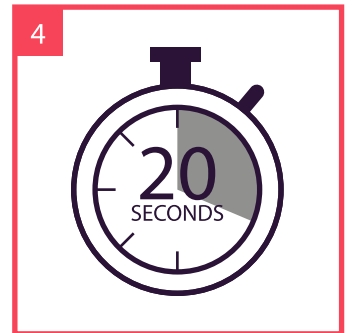
1 WET HANDS



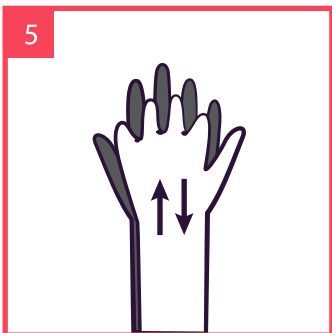
2 APPLY SOAP



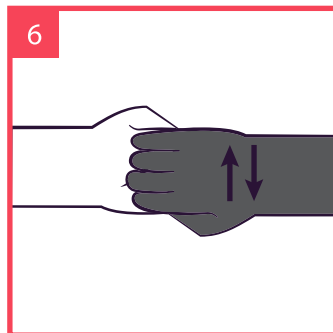
3 RUB PALMS



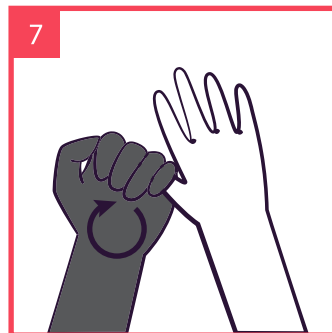
4 RUB FOR 20 SECONDS



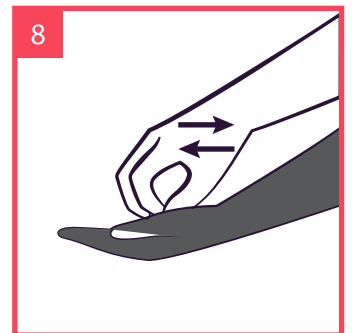
5 SCRUB BETWEEN FINGERS



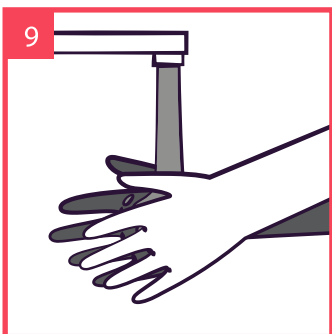
6 RUB YOUR FINGERS ON YOUR PALM



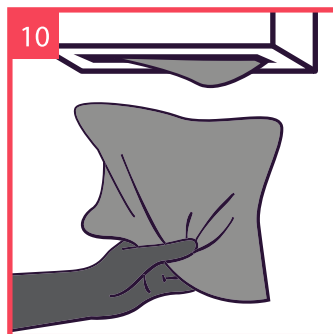
7 RUB THUMBS



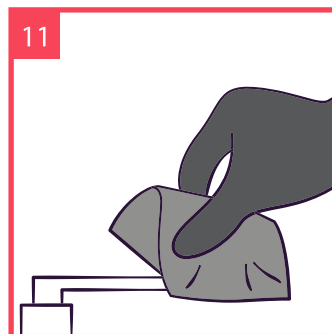
8 WASH FINGERNAILS



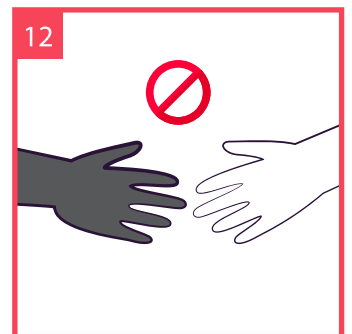
9 RINSE HANDS



10 DRY WITH A SINGLE TOWEL



11 USE THE TOWEL TO TURN OFF THE FAUCET



12 AVOID SHAKING HANDS WITH OTHER PEOPLE

**WASH YOUR HANDS AS FREQUENTLY AS POSSIBLE**